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AMERCO REPORTS FIRST QUARTER FISCAL 2010 FINANCIAL RESULTS

RENO, Nev. (August 5, 2009)--AMERCO (Nasdaq: UHAL), parent of U-Haul International, Inc., North America's largest "do-it-yourself" moving and storage operator, today reported net earnings available to common shareholders for its first quarter ending June 30, 2009, of \$19.5 million, or \$1.01 per share, compared with net earnings of \$26.6 million, or \$1.37 per share, for the same period last year.

"Our efforts have focused on responding to the damage created by this difficult economic environment," stated Joe Shoen, chairman. "We have introduced several customer service initiatives, reduced operating costs and instituted other programs to hold our own in the current environment," concluded Shoen.

Highlights of First Quarter 2010 Results

- Self-moving equipment rental revenue decreased \$17.1 million for the first quarter of fiscal 2010 compared with the first quarter of fiscal 2009. Declines in one-way moving rentals were partially offset by an increase in In-Town activity.
- Self-storage revenues decreased \$547 thousand for the first quarter of fiscal 2010 compared with the first quarter of fiscal 2009. The occupancy trend began to improve during the quarter.
- For the first quarter of fiscal 2010, net losses on the disposal of equipment decreased compared with the first quarter fiscal 2009.
- Operating expenses at the Moving and Storage segment decreased \$2.6 million for the first quarter of fiscal 2010 compared with the first quarter of fiscal 2009.
- Net cash provided by operating activities at the Moving and Storage segment decreased \$15.1 million for the first quarter of fiscal 2010 compared with the first quarter of fiscal 2009.

AMERCO will hold its investor call for the first quarter of fiscal 2010 on Thursday, August 6, 2009, at 8 a.m. Pacific Time (11 a.m. Eastern). The call will be broadcast live over the Internet at www.amerco.com. To hear a simulcast of the call, or a replay, visit www.amerco.com.

About AMERCO

AMERCO is the parent company of U-Haul International, Inc., North America's largest "do-ityourself" moving and storage operator, AMERCO Real Estate Company, Republic Western Insurance Company and Oxford Life Insurance Company.

Since 1945, U-Haul has been the best choice for the do-it-yourself mover, with a network of more

than 15,800 locations in all 50 United States and 10 Canadian provinces. U-Haul customers' patronage has enabled the U-Haul fleet to grow to approximately 101,000 trucks, 76,000 trailers and 34,000 towing devices. U-Haul offers more than 398,000 rooms and approximately 35 million square feet of storage space at nearly 1,090 owned and managed facilities throughout North America. U-Haul is the consumer's number one choice as the largest installer of permanent trailer hitches in the automotive aftermarket industry. U-Haul supplies alternative-fuel for vehicles and backyard barbecues as one of the nation's largest retailers of propane.

U-Haul was founded by a Navy veteran who grew up during the Great Depression. Tires and gas were still rationed or in short supply during the late 1940s when U-Haul began serving U.S. customers. Today, that background is central to the U-Haul Sustainability Program: "Serving the needs of the present without compromising the ability of future generations to meet their own needs." Our commitment to reduce, reuse and recycle includes fuel efficient moving vans, neighborhood proximity, moving box reuse, moving pads made from discarded material and packing peanuts that are 100 percent biodegradable. Learn more about these facts and others at www.uhaul.com/sustainability.

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Certain of the statements made in this press release regarding our business constitute forward-looking statements as contemplated under the Private Securities Litigation Reform Act of 1995. Actual results may differ materially from those anticipated as a result of various risks and uncertainties. Readers are cautioned not to place undue reliance on these forwardlooking statements that speak only as of the date hereof. The Company undertakes no obligation to publish revised forward-looking statements to reflect events or circumstances after the date hereof or to reflect the occurrence of unanticipated events, except as required by law. For a brief discussion of the risks and uncertainties that may affect AMERCO's business and future operating results, please refer to Form 10-Q for the quarter ended June 30, 2009, which is on file with the SEC.

Report on Business Operations

Listed on a consolidated basis are revenues for our major product lines for the first quarter of fiscal 2010 and fiscal 2009.

		Quarter Ended June 30,			
	-	2009		2008	
	_	(Unaudited) (In thousands)			
Revenue					
Self-moving equipment rentals	\$	372,941	\$	390,029	
Self-storage revenues		27,004		27,551	
Self-moving & self-storage					
products and service sales		57,822		62,556	
Property management fees		4,450		4,716	
Life insurance premiums		27,604		26,917	
Property & casualty insurance premiums		6,215		6,124	
Net investment & interest income		13,680		14,596	
Other revenue		10,943		10,305	
Consolidated revenue	\$	520,659	\$	542,794	

Listed below are revenues and earnings from operations at each of our operating segments for the first quarter of fiscal 2010 and fiscal 2009. The insurance companies first quarter ended March 31, 2009 and 2008.

	Quarter Ended June 30,			
	 2009		2008	
	 (Unaudited)			
	(In thousands)			
Moving & storage				
Revenues	\$ 479,673	\$	501,541	
Earnings from operations	57,777		69,686	
Property and casualty insurance				
Revenues	8,051		8,890	
Earnings from operations	1,427		2,205	
Life insurance				
Revenues	33,872		33,063	
Earnings from operations	2,578		4,162	
Eliminations				
Revenues	(937)		(700)	
Earnings from operations	(2,586)		(4,391)	
Consolidated results				
Revenues	520,659		542,794	
Earnings from operations	59,196		71,662	

The Company owns and manages self-storage facilities. Self-storage revenues reported in the consolidated financial statements represent Company-owned locations only. U-Haul also provides property management services for storage locations and earns a fee for these services. These storage centers are not owned by the Company and therefore are not reported on the balance sheet and the rental revenues are not reported in the statements of operations. Self-storage data for both our owned and managed locations is as follows:

	Quarter Ended June 30,			
_	2009	2008		
_	(Unaudited)			
	(In thousands, excep	t occupancy rate)		
Room count as of June 30	398	390		
Square footage as of June 30	35,103	34,403		
Average number of rooms occupied	307	320		
Average occupancy rate based on room count	77.3%	82.3%		
Average square footage occupied	27,664	28,775		

AMERCO AND CONSOLIDATED ENTITIES CONDENSED CONSOLIDATED BALANCE SHEETS

	_	June 30, 2009		March 31, 2009
		(Unaudited)		
Assets				usands)
Cash and cash equivalents	\$	226,717	\$	240,587
Reinsurance recoverables and trade receivables, net		225,717		213,853
Notes and mortgage receivables, net		2,728		2,931
Inventories, net		64,188		70,749
Prepaid expenses		61,415		54,201
Investments, fixed maturities and marketable equities		508,587		519,631
Investments, other		217,338		227,022
Deferred policy acquisition costs, net		45,432		44,993
Other assets		135,091		133,644
Related party assets	_	296,177		303,534
Total	-	1,783,390		1,811,145
Property, plant and equipment, at cost:				
Land		214,377		212,744
Buildings and improvements		939,264		920,294
Furniture and equipment		336,620		333,314
Rental trailers and other rental equipment		223,685		214,988
Rental trucks		1,678,102		1,666,151
Subtotal	-	3,392,048		3,347,491
Less: Accumulated depreciation		(1,335,989)		(1,333,563)
Total property, plant and equipment	-	2,056,059		2,013,928
Total assets	\$	3,839,449	\$	3,825,073
Liabilities & stockholders' equity				
Liabilities:				
Accounts payable & accrued expenses	\$	305,543	\$	329,227
AMERCO's notes, loans and leases payable	Ψ	1,534,320	Ψ	1,546,490
Policy benefits & losses, claims & loss expenses payable		786,754		779,309
Liabilities from investment contracts		292,662		303,332
Other policyholders' funds & liabilities		9,943		11,961
Deferred income		28,730		24,612
Deferred income taxes		130,349		112,513
Total liabilities	-	3,088,301		3,107,444
Stockholders' equity:	-			
Series A common stock		-		-
Common stock		10,497		10,497
Additional paid-in capital		419,604		420,588
Accumulated other comprehensive loss		(83,275)		(98,000)
Retained earnings		935,376		915,862
Cost of common shares in treasury, net		(525,653)		(525,653)
Unearned employee stock ownership plan shares		(5,401)		(5,665)
Total stockholders' equity	-	751,148		717,629
Total liabilities & stockholders' equity	\$	3,839,449	\$	3,825,073
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AMERCO AND CONSOLIDATED ENTITIES CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

		Quarter Ended June 30, 2009 2008 (Unaudited) (In thousands, except share and per share amounts)			
	\$				
Revenues: Self-moving equipment rentals Self-storage revenues Self-moving and self-storage products and service sales Property management fees Life insurance premiums Property and casualty insurance premiums Net investment and interest income Other revenue Total revenues		372,941 27,004 57,822 4,450 27,604 6,215 13,680 10,943 520,659	\$	390,029 27,551 62,556 4,716 26,917 6,124 14,596 10,305 542,794	
Costs and expenses: Operating expenses Commission expenses Cost of sales Benefits and losses Amortization of deferred policy acquisition costs Lease expense Depreciation, net of (gains) losses on disposals Total costs and expenses		258,501 44,411 30,450 27,694 1,917 39,273 59,217 461,463		261,713 47,965 34,985 24,875 2,088 34,568 64,938 471,132	
Earnings from operations Interest expense Pretax earnings Income tax expense Net earnings Excess carrying amount of preferred stock over consideration paid Less: Preferred stock dividends Earnings available to common shareholders Basic and diluted earnings per common share Weighted average common shares outstanding:	\$ \$	59,196 (23,221) 35,975 (13,543) 22,432 323 (3,241) 19,514 1.01	\$ \$	71,662 (23,844) 47,818 (17,992) 29,826 (3,241) 26,585 1.37	
Basic and diluted	=	19,369,591		19,343,184	